

## ABSTRACT OF THE DISCLOSURE

5 A moveable headrest is mounted on or with respect to  
a support for supporting a user in viewing images in a  
standing, seated, or reclining posture. The headrest is  
for supporting the head of the user in executing head  
movements with a changing direction-of-view. A display  
mounted with respect to the user's head provides the  
images. An actuator can be provided for moving the  
moveable headrest for a passive user. A sensor can be  
10 provided for sensing movements of the moveable headrest,  
i.e., for sensing said movements from a changing  
direction. The moveable headrest apparatus may include  
either or both the actuator and the sensor.